



Sibling Rivalry Remedies

Are your children's squabbles driving you batty? Are you worried that they might never learn how to get along? Put the peace back into your family! In this presentation, we will examine the four reasons that children argue, and practice skills that show parents and caregivers how to help children work out conflicts respectfully. We will examine the different roles that parents and caregivers can play in facilitating smoother sibling or playmate interactions.

We are living in a new digital world. Parents need new tools!

Presentation outline is based on Health Canada, Growing Miracles (Three Cheers for the Early Years), Adele Faber and Elaine Mazlish Siblings without Rivalry book, and Invest In Kids Recommendations.

Objectives:

Participants will learn about the four types of children's conflicts and the feelings behind them: Boredom, Attention, Issues, and Underground resentments.

Participants will distinguish between the parent roles of judge and facilitator and their respective effectiveness in mediating conflicts.

Participants will practice methods of resolving conflict for each category of conflict types that addresses real needs rather than surface behaviours.

Parents will learn about and practice the six-step problem solving model and active listening.

Presented by:

Judy Arnall, BA, International award winning Speaker and best-selling Author of "Discipline without Distress: 135 tools for raising caring, responsible children without time-out, spanking, punishment or bribery."

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